

Disc Golf SPECIFIC RISKS

In Conjunction with Overall General Activity Risks

Group Run Activity

Written: 26 January 2026

Reviewed:

Risk	Outcome if risk occurred	Existing Risk Control Actions	Residual Risk Assessment			Group Leader Required Risk Control Actions
			Likelihood	Consequence	Risk Rating	
People Dangers						
Lack of Supervision and Unqualified Instruction	Injury	Adult leader with experience in the activity (preferable but not essential) Teaching notes are provided prior to camp Best Group size: 12-16 participants	2	2	L	Provide adequate supervision and leader for the activity Suitable First Aid Kit Give Activity Instruction Notes and this Risk Assessment to activity leader to read so they know Activity Procedures and Safety Standards. Complete Checklist when running activity.
Player injury	Musculo-skeletal injuries	Warm up before playing Use appropriate footwear Avoid trying to overpower your throw	2	2	L	Establish safe procedures as outlined in Teaching Notes Check footwear and clothing prior to activity Warn students not to overpower their throws which could cause injury and develop good throwing stance
Inappropriate Footwear and clothing	Injury, cuts abrasions	'What to bring to camp' list for provided for participants	2	2	L	Ensure participants wear fulling enclosed sports shoes or boots. (Crocs and Thongs are not acceptable) and clothing appropriate to the activity.
Flying Disc	Hitting bystanders/ participants	Observe fairway. Looking, spotting and waiting. Ensure bystanders are clear of your throw range.	3	2	L	Participants follow leader's safety instruction notes and course etiquette
Behavioural Issues • Don't follow the rules • Lack of control	Injury Disappearance	Teaching notes provide suggested procedures and safety rules for running the activity.	2	2	L	Provide adequate supervision for the activity Outline safety procedures Regular head count and spatial awareness
Equipment Dangers						
Broken/Damaged Equipment	Injury	Regular checking and maintenance of equipment to keep it in good order	2	2	L	Correct instruction so equipment does not get damaged Group Leader to check the area around the activity prior to beginning to ensure there are no hazards that could cause injury to participants.
Rough timber/Sharp edges	Splinters, cuts	Regular checking and maintenance of Gaga Pit	2	1	VL	Check area prior to commencing activity Report any concerns to management

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